

**County of Middlesex
Board of Chosen Freeholders**

Stephen J. Dalina, *Freeholder Director*
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Blanquita B. Valenti

Middlesex County Department of Human Services

Blanquita B. Valenti, *Freeholder*
Thomas M. Seilheimer, *Executive Director*

Division of Behavioral Health & Children's Services

Lori Dillon, *Division Director*
Penny Grande, *Mental Health Administration*
Wanda Dillon, *Office of Children's Services*



**MIDDLESEX
COUNTY
MENTAL HEALTH
SERVICES
DIRECTORY**

**Middlesex County Department
of Human Services**

**Division of
Behavioral Health & Children's Services**

**75 Bayard Street
New Brunswick, New Jersey 08901
732-745-3280**

February 2009

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National Alliance for the Mentally Ill (NAMI)
1-800-950-NAMI (6264)
1-703-524-7600
www.nami.org

National Depressive/Manic Depressive Association
1-800-82-NDMDA
1-312-642-0049
www.ndmda.org

National Empowerment Center
www.power2u.org

National Institute of Mental Health
1-301-443-4513
www.nimh.nih.gov

Mental Health America (formerly known as National Mental Health Association)
1-800-969-NMHA (6642)
1-800-433-5959
1-703-684-7722
www.nmha.org

National Mental Health Consumers' Self Help Clearinghouse
1-800-553-4KEY
1-312-642-0049
www.mhselfhelp.org

National Schizophrenia Foundation
1-800-482-9534
www.NSFoundation.org

Parents Med Guide
<http://parentsmedguide.org>

Substance Abuse and Mental Health Services Administration (SAMHSA)
www.samhsa.gov

U.S. Psychiatric Rehabilitation Association (formerly IASPRS)
www.uspra.org

**Puerto Rican Association for
Human Development**
Perth Amboy
732-442-1081

DISASTER MENTAL HEALTH RESOURCES

Division of Mental Health Services
Disaster and Terrorism Branch
609-777-0728
www.disastermentalhealthnj.com

Mental Health Association in NJ
Disaster Response Crisis Counselor (DRCC)
Certification & Training
973-571-4100
www.njdisasterresponsecrisiscounselor.org

**Middlesex County Mental Health
Administration**
732-745-4186
<http://co.middlesex.nj.us/humanservices>

NATIONAL MENTAL HEALTH RESOURCES

American Psychiatric Association
1-888-357-7924
www.psych.org

American Psychological Association
1-800-964-2000
www.apahelpcenter.org

Center for Mental Health Services (CMHS)
<http://mentalhealth.samhsa.gov/cmhs/>

Center for Psychiatric Rehabilitation
Boston University
1-617-353-3549
<http://www.bu.edu/sarpsych>

NARSAD
(The Mental Health Research Association)
1-800-829-8289
www.narsad.org

EMERGENCY SERVICES

Raritan Bay Medical Center
Perth Amboy
Emergency Room
732-324-5095
Crisis Stabilization
732-324-5289 / 5105
www.rbmc.org

UMDNJ - University Behavioral Health Care
Piscataway
Crisis/Screening
732-235-5700
Access Center
1-800-969-5300
Children's Mobile Response & Stabilization
1-877-652-7624
www.umdj.edu

INPATIENT SERVICES

Carrier Clinic
Belle Mead
1-800-933-3579
www.carrierclinic.org

East Mountain Hospital
Belle Mead
1-800-379-1949

Princeton House Behavioral Health
Princeton
1-800-242-2550
1-609-497-3355
www.princetonhcs.org

Raritan Bay Medical Center-The Center for Living
Perth Amboy
732-324-5119
www.rbmc.org

Runnells Specialized Hospital of Union County
Berkeley Heights
1-908-771-5875
www.ucnj.org

Trinitas
Elizabeth
1-888-841-5564
www.trinitashospital.org

Summit Oaks Hospital
Psychiatric/Dual Diagnosis
Summit
1-800-753-5223
www.summitoakshospital.com

UMDNJ - University Behavioral Health Care
Adult Inpatient Unit
CCIS Children's Inpatient Unit
Piscataway
1-800-969-5300
www.umdj.edu

PARTIAL CARE / PARTIAL HOPITALIZATION PROGRAMS

Catholic Charities
Youth Partial Care Program (Child/Adolescent)
Edison
1-800-655-9491
www.ccdom.org

Community Care Behavioral Health
Piscataway
732-572-4666
www.communitycare.us

Princeton House Behavioral Health
North Brunswick
732-729-3636
www.princetonhcs.org/princetonhouse

Raritan Bay Mental Health Center
Adult Partial Care
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

**St. Peter's University Hospital
Family Health Center**
Children's Acute Partial Hospitalization -
(For Keeps; ages 5 to 12)
New Brunswick
732-565-5494
www.saintpetersuh.com

UMDNJ - University Behavioral Health Care
Partial Hospital Program
Piscataway
1-800-969-5300

**UMDNJ School of Health Related Programs –
Department of Psychiatric Rehabilitation**
1-908-889-2340
www.shrp.umdj.edu/programs/index.htm

UMDNJ Supported Employment Program
732-235-6927
www.umdj.edu

MULTICULTURAL RESOURCES

Affinity Counseling Group
North Brunswick
732-249-3737
www.affinitycounseling.com

Catholic Charities
East Brunswick, Perth Amboy, New Brunswick
Outpatient Counseling Services (Spanish)
1-800-655-9491 / 732-826-9160
www.ccdom.org

Clinica Latina – A Program of UMDNJ
New Brunswick
1-888-342-9832 or 1-888-34AYUDA
www.umdj.edu

**Manavi – A program for South Asian women
who have suffered abuse**
New Brunswick
732-435-1414
www.manavi.org

Multicultural Family Institute
Highland Park
732-565-9010
www.multiculturalfamily.org

National Alliance for the Mentally Ill (NAMI NJ)

- Family to Family
- NAMI Espanol
- Camhop - Asian Americans
- Sambaj - South Asian Americans

North Brunswick
732-940-0991
www.naminj.org

Puerto Rican Action Board
New Brunswick
732-828-4510
www.prab.org

EMPLOYMENT, VOCATIONAL & TRAINING PROGRAMS

Consumer Connections

Mental Health Association of NJ providing training
and support to consumers
1-973-571-4100
www.mhanj.org

Division of Vocational Rehabilitation Services (DVRS)

New Brunswick
732-937-6300
www.state.nj.us/labor/dvrs/

Jewish Family & Vocational Services

Edison
732-777-1940
www.jfvs.org

Laurel House Middlesex

New Brunswick
732-246-0028
www.laurelhousemiddlesex.org

Learn of Central NJ - A supported education program of Bridgeway Services)

908-889-2563

Middlesex County One-Stop Career Centers

New Brunswick
732-937-6200
Perth Amboy
732-826-3200
www.co.middlesex.nj.us/employment

Middlesex County Workforce Development

New Brunswick
732-745-3970
www.co.middlesex.nj.us/employment

UMDNJ Integrated Employment Institute

1-800-742-5877
www.shrp.umdj.edu/smi

UMDNJ UBHC Right Fit

New Brunswick
732-235-6927
www.umdj.edu

Partial Hospital Program

Monmouth Junction
1-800-969-5300

CARRI Family Center

Piscataway
732-235-3480
www.umdj.edu

CASE MANAGEMENT PROGRAMS

Catholic Charities PACT

(Programs of Assertive Community Treatment)
East Brunswick
732-257-6100
Edison
732-661-2013
Perth Amboy
732-324-8200
www.ccdom.org

PATH Services for the Homeless

732-738-1323
www.ccdom.org

UMDNJ - University Behavioral Health Care

Intensive Case Management Services (ICMS)
Specialized Case Management Services (SCMOS)
Youth Case Management (YCM)
Homeless Case Management Program
Piscataway
732-235-6184
1-800-969-5300
www.umdj.edu

OUTPATIENT PROGRAMS

Catholic Charities

Mental Health Center
East Brunswick, Perth Amboy, New Brunswick
Access # 1-800-655-9491
www.ccdom.org

Family & Children's Services of Central NJ

Monroe Township
609-443-0575
www.nj-counseling.org

Holy Redeemer Home Care
Psychiatric Home Care
Elizabeth
1-800-255-8986
www.holyredeemer.com

Jewish Family & Vocational Service
Edison
732-777-1940
Monroe Township
609-395-7979
www.jfvs.org

JFK Center for Behavioral Health
Edison
732-321-7189
www.solarishs.org

Princeton House Behavioral Health
North Brunswick
732-729-3636
www.princetonhcs.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

Rutgers University Graduate School of Applied Psychology
Psychological Services Clinic
Piscataway
732-445-6114
<http://psychologicalservices.rutgers.edu>

Summit Oaks Hospital Intensive Outpatient
Summit
1-800-753-5223
www.summitoakshospital.com

UMDNJ - University Behavioral Health Care
Piscataway
1-800-969-5300
www.umdnj.edu

NJ Division of Mental Health Services (DMHS)
Trenton
1-800-382-6717
www.state.nj.us/humanservicesdmhs/

NJ Mental Health Cares
Mental Health Information & Referral
1-866-202-HELP (4357)
www.njmentalhealthcares.org

NJ Psychiatric Association
1-800-685-0650
www.psychnj.org

NJ Protection & Advocacy
1-800-922-7233
www.njpanda.org

NJ Psychological Association
1-800-281-6572
www.psychologynj.org

New Jersey Self-Help Clearinghouse
1-800-367-6274
www.njgroups.org

Panic Relief, Inc.
North Brunswick
732-937-4832
www.panicreliefinc.com

Pharmaceutical Assistance to the Aged & Disabled (PAAD)
1-609-588-7049
www.state.nj.us/health/seniorbenefits/paad.shtml

Recovery, Inc.
Support for Anxiety & Depression
1-201-612-8153
www.recovery-inc.org

Social Security
1-800-772-1213

Turn A Frown Around Foundation
1-973-594-9059
www.frown2smile@aol.com

Middlesex County Veteran Services Office
New Brunswick
732-745-4051

Middlesex County RX - A Prescription Discount Program
1-800-633-0037
www.gspops.com

Middlesex Medical Assistance (DHS)
Avenel
732-499-5700 (Customer Center)

The Moving Forward Self Help Center of New Brunswick
732-317-3893
Email: movinforwardshc@optonline.net

National Alliance for the Mentally Ill – Middlesex (NAMI: Middlesex)
New Brunswick
732-745-0709

National Alliance for the Mentally Ill – New Jersey (NAMI NJ)
North Brunswick
732-940-0991
www.naminj.org

National Association of Social Workers – New Jersey Chapter
1-800-932-0004
www.naswnj.org

NJ Association of Mental Health Agencies (NJAMHA)
www.njamha.org

NCADD of Middlesex County, Inc.
732-254-4224
<http://ncadd-middlesex.org>

NJ Department of Community Affairs Bureau of Housing & Community Affairs
(Administers Section 8 program)
North Brunswick
732-246-3137 / 1-609-292-4080
www.state.nj.us/dca/

RESIDENTIAL/HOUSING PROGRAMS

Bridgeway RIST Program
1-908-355-7200 ext. 104
www.bridgewayrehab.com

Catholic Charities
PATH Services for the Homeless
732-738-1323
www.ccdom.org

Easter Seals
732-257-6662
www.easterseals.com

Info-Line
Homeless Hotline (24 hours, 7 days/week)
1-888-908-4636
www.info-line.org

SERV Centers of New Jersey
1-800-987-7378 / 732-968-7111
www.servbhs.org

Supportive Housing Association of NJ
www.shanj.org/index.htm

Triple C Housing, Inc.
Monmouth Junction
732-745-0920
www.triplechousing.org

UMDNJ - University Behavioral Health Care
Homeless Case Management & One Time Housing Assistance Program
732-235-6184
Supportive Housing Program
732-235-5353
MICA Group Home
732-823-1139
www.umdnj.edu

Volunteers of America
Project Promise
732-827-2453 or 732-324-1914 or 732-321-0093
www.voa-gny.org

**CO-OCCURRING DISORDERS
(Previously MICA) PROGRAMS**

Carrier Clinic

Co-Occurring Inpatient
Belle Mead
1-800-933-3579
www.carrierclinic.org

Catholic Charities

Co-Occurring Outpatient/Adults
East Brunswick
732-257-6100
Access # 1-800-655-9491
www.ccdom.org

**CHOICES (Consumers Helping Others
Improve their Condition by Ending Smoking)**

UMDNJ-RWJ Division of Addiction Psychiatry
New Brunswick
732-235-8232
www.njchoices.org

Community Care Behavioral Health

Partial Care Program w/ Co-Occuring Track
Piscataway
732-572-4666
www.communitycare.us

Comprehensive Care Services

Edison
732-287-4044

East Mountain Hospital

Co-Occurring Inpatient
Belle Mead
1-800-379-1949

Co-Occurring Inpatient

Screening to Detoxification Services:

The following agencies can provide detoxification services, but are most appropriately accessed through the Designated Screening Center at UMDNJ/UBHC 732-235-5700

• **Maryville**

1-856-629-0244 ext. 237
www.maryvillerehab.org

Collaborative Support Programs of NJ (CSPNJ)

1-800-227-3729 / 732-780-1175
www.cspnj.org

Depression Bipolar Support Alliance NJ

1-888-226-6437
www.DBSANENEWJERSEY.org

Family Access to Support Information (FASI)

732-235-6184

INFO-Line of Middlesex County

1-888-908-INFO
www.info-line.org

Integrated Employment Initiative

(Program of UMDNJ School of Health Related Programs – Department of Psychiatric Rehabilitation)
1-800-593-2434
www.shrp.umdj.edu/smi/

Intensive Family Support Services

Piscataway
732-235-6184
www.umdj.edu

Laurel House Middlesex

New Brunswick
732-246-0028
www.laurelhousemiddlesex.org

Medicaid Office

732-777-6977

Mental Health Association of NJ

Advocacy, Training & Referral
1-800-367-8850 / 1-973-571-4100
www.mhanj.org

Middlesex County Board of Social Services

(transportation, entitlements, housing)
New Brunswick
732-745-3500
www.co.middlesex.nj.us/humanservices/socialserv.asp

**Middlesex County Division of Behavioral
Health & Children's Services**

New Brunswick
732-745-4186
www.co.middlesex.nj.us

Multi-Service Program on Aging
Colonia
732-382-4700

Princeton House Behavioral Health Senior Link PHP & IOP
North Brunswick
732-729-3636
www.princetonhcs.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

Visiting Nurse Association of Central Jersey
1-800-862-3330
www.vnacj.org

**ADVOCACY, SELF-HELP,
SUPPORT & REFERRAL**

Middlesex County Area Transit Services (MCAT)
1-800-221-3520 (RESERVATIONS)
732-745-7456 (Office)
www.co.middlesex.nj.us/transportation

Casual Outing Club of NAMI Middlesex
732-715-8477

Central Jersey Legal Services, Inc. Middlesex Division
Mental Health Advocacy Unit
New Brunswick
732-249-7600
Perth Amboy
732-324-1613

CHOICES (Consumers Helping Others Improve their Condition by Ending Smoking)
UMDNJ-RWJ Division of Addiction Psychiatry
New Brunswick
732-235-8232
www.njchoices.org

Coalition for Mental Health Consumer Organizations (COMHCO)
1-973-778-8810

• **New Hope Foundation**
732-946-3030 ext. 206 or 208
www.newhopefoundation.org

• **Straight & Narrow**
1-973-345-6000 ext. 6528
www.straightandnarrow.org

• **Turning Point**
1-973-239-4600 (8:00 am - 4:30 pm)
1-973-239-9400 ext. 116 (evenings, weekends, holidays)

• **Princeton House Behavioral Health**
North Brunswick (Outpatient)
732-729-3636 (Adolescents & Adults)
Princeton (Inpatient)
1-609-497-3355
www.princetonhccs.org

• **Summit Oaks Hospital**
• Inpatient
• Intensive Outpatient
• Children & Adolescents
1-800-753-5223
www.summitoakshospital.com

UMDNJ - UBHC:
www.umdnj.edu

Brief Treatment Outpatient
Edison
732-235-8400

CARRI Family Center
Piscataway
732-235-3480

Horizons Partial Hospital Program
Monmouth Junction
1-800-969-5300
732-235-5910

MICA Group Home
732-823-1139

MICA Program
Piscataway
1-800-969-5300

Volunteers of America
Myrtle House
732-321-0093
www.voa-gny.org

**MI/DD PROGRAMS (MENTAL ILLNESS/
DEVELOPMENTAL DISABILITIES)**

Community Care Behavioral Health
MI/DDD Partial Care Program
Piscataway
732-572-4666
www.communitycare.us

New Jersey Department of Human Services
Division of Developmental Disabilities
Trenton
1-609-292-4500

**Trinitas Hospital Mental Illness &
Developmental Disabilities Services**
1-908-497-9636 (for general information on MI/DD
services) OR 1-888-393-3007 (for emergencies only)
www.trinitashospital.org

- Statewide Clinical Consultation & Training Program (SCCAT)
1-908-497-9636 (for general information on MI/DD services)
- Integrated Service Delivery Team (Middlesex) (must be referred through DDD)
1-609-292-4500 OR 1-908-497-0922 ext. 205 (for general information)
- Specialized MI/DD Inpatient Unit (must be referred by local screening center)
- Child & Adolescent Unit (must be referred by local hospital)
1-908-994-7131 (for general information)

UMDNJ-UBHC-SATS (substance abuse and developmental disability services)
732-235-3440
East Brunswick
Perth Amboy
New Brunswick
(Spanish Speaking Available)

OLDER ADULT PROGRAMS

Carrier Clinic
Dementia Track - Active Adult Track
Belle Mead
1-800-933-3579
www.carrierclinic.org

UMDNJ - University Behavioral Health Care
Comprehensive Services on Aging (COPSA)
Community Outreach Program
Edison
732-235-8400
www.umdnj.edu

E.A.R.S for Caregivers (UMDNJ)
1-866-300-3277

**COPSA Institute for Alzheimer's Disease &
Related Disorders – Dementia Diagnostic Clinics/
Day Program & Clinical Drug Trials**
Piscataway
732-235-5840

COPSA Institute Resource Center Help-Line
1-800-424-2494

Holy Redeemer Home Care
Elizabeth
1-800-255-8986 (Intakes)
www.holyredeemer.com

Jewish Family & Vocational Services
Elder Day Care Program for the Frail & Elderly
Alzheimer Day Care Center
Case Management for the Elderly
Meals on Wheels
Woodbridge/Edison
732-777-1940
www.jfvs.org

**Jewish Family & Vocational Service of
Southern Middlesex County**
Monroe Township
1-609-395-7979
www.jfvs.org

AGING OUT YOUTH PROGRAMS

Affinity Counseling Group

North Brunswick
732-249-3737
www.affinitycounseling.com

Catholic Charities

East Brunswick
732-257-6100 or 1-800-655-9491
www.ccdom.org

Jewish Family and Vocational Services

Edison
732-777-1940
www.jfvs.org

JFK Center for Behavioral Health

Edison
732-321-7189
www.solarishs.org

Multicultural Services (MCS) (DYFS referrals only)

Edison
732-650-0330
www.multiculturalcommunityservices.org
(resource website for youth)

Princeton House

North Brunswick
732-729-3636
www.princetonhccs.org

Raritan Bay Mental Health Center

Perth Amboy
732-442-1666
www.co.middlesex.nj.us

UMDNJ - University Behavioral Health Care

Piscataway
1-800-655-5300
www.umdj.edu

FAMILY, CHILDREN AND ADOLESCENT SERVICES

Affinity Counseling Group

New Brunswick
732-249-3737
www.affinitycounseling.com

Catholic Charities

Access Center: 1-800-655-9491
www.ccdom.org

Catholic Charities Youth Partial Care Program – Safe Harbor

Edison
732-738-1323 OR 1-800-655-9491
www.ccdom.org

Coordinated Family Care (Middlesex Care Management Organization)

To access services, must call Value Options:
1-877-652-7624

Family Access to Support & Information (FASI)

732-235-6184

Family Crisis Intervention Unit (FCIU)

To access services, must call Value Options:
1-877-652-7624

Family and Children's Services of Central NJ

New Brunswick Monroe Township
732-545-0366 1-609-443-0575
www.nj-counseling.com

Family Support Center of New Jersey

www.familysupportnj.com

Family Support Organization of Middlesex County

North Brunswick
732-940-2837
www.njfamily.org

Fire Watch - A juvenile fire-setting prevention, education and early intervention program

732-745-4049
www.firewatchnj.com

Jewish Family & Vocational Services
Edison
732-777-1940
www.jfvs.org

JFK Center for Behavioral Health
732-321-7189
www.solarishs.org

Multicultural Family Institute
Highland Park
732-565-9010
www.multiculturalfamily.org

My Daughter's Keeper
North Brunswick
732-565-9313
www.mydaughterskeeper.org

National Alliance for the Mentally Ill (NAMI NJ)
North Brunswick
732-940-0991
www.naminj.org

NJ Child Advocate's Helpline
1-877-543-7864

NJ Division of Child Behavioral Health Care Services
1-609-292-5322
www.njkidsoc.org

NJ Division of Youth and Family Services (DYFS)
1-800-531-1258 (State)
732-980-9312 (Western Middlesex)
732-293-5060 (Coastal Middlesex)
732-388-7959 (Central Middlesex)
www.state.nj.us/humanservices/dyfs

Princeton House Behavioral Health
North Brunswick
732-729-3636 (Outpatient-children & adolescents)
Princeton
1-609-497-3355 (Inpatient)
www.princetonhccs.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

Rutgers Graduate School of Psychology
Psychological Services Clinic
Piscataway
732-445-6114
<http://psychological.rutgers.edu>

St. Peter's University Hospital – For Keeps Family Health Center
Pediatric Psychiatric Services
New Brunswick
732-565-5494
www.saintpetersuh.com

Summit Oaks Hospital
Summit
1-800-753-5223
www.summitoakshospital.com

Support Program of Teens Counseling (SPOT)
Edison
732-777-1940

UMDNJ - UBHC:
Youth Case Management (YCM)
To access services, must call Value Options:
1-877-652-7624
www.umdnj.edu

UMDNJ - UBHC:
1-800-969-5300

- Intensive Family Support Service (IFSS)
- Integrated Case Management Service (ICMS)
- Brief Treatment

Edison
732-235-8400
Monmouth Junction
732-235-5790
New Brunswick
732-235-6800
www.umdnj.edu

Value Options – Contracted Systems Administrator (CSA)
1-877-652-7624