County of Middlesex
Board of Chosen Freeholders

Stephen J. Dalina, Freeholder Director
Christopher D. Rafano, Deputy Director
Carol Barrett
H. James Polos
Ronald G. Rios
Mildred S. Scott
Blanquita B. Valenti

Middlesex County Department of Human Services
Blanquita B. Valenti, Freeholder
Thomas M. Seilheimer, Executive Director

Division of Behavioral Health & Children’s Services
Lori Dillon, Division Director
Penny Grande, Mental Health Administration
Wanda Dillon, Office of Children’s Services

MIDDLESEX COUNTY MENTAL HEALTH SERVICES DIRECTORY

Middlesex County Department of Human Services

Division of
Behavioral Health & Children’s Services

75 Bayard Street
New Brunswick, New Jersey 08901
732-745-3280

February 2009
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National Alliance for the Mentally Ill (NAMI)
1-800-950-NAMI (6264)
1-703-524-7600
www.nami.org

National Depressive/Manic Depressive Association
1-800-82-NDMDA
1-312-642-0049
www.ndmda.org

National Empowerment Center
www.power2u.org

National Institute of Mental Health
1-301-443-4513
www.nimh.nih.gov

Mental Health America (formerly known as National Mental Health Association)
1-800-969-NMHA (6642)
1-800-433-5959
1-703-684-7722
www.nmha.org

National Mental Health Consumers’ Self Help Clearinghouse
1-800-553-4KEY
1-312-642-0049
www.mhselfhelp.org

National Schizophrenia Foundation
1-800-482-9534
www.NSFoundation.org

Parents Med Guide
http://parentsmedguide.org

Substance Abuse and Mental Health Services Administration (SAMHSA)
www.samhsa.gov

U.S. Psychiatric Rehabilitation Association (formerly IASPRS)
www.uspra.org

21
Puerto Rican Association for Human Development
Perth Amboy
732-442-1081

DISASTER MENTAL HEALTH RESOURCES

Division of Mental Health Services
Disaster and Terrorism Branch
609-777-0728
www.disastermentalhealthnj.com

Mental Health Association in NJ
Disaster Response Crisis Counselor (DRCC)
Certification & Training
973-571-4100
www.njdisasterrespondencrisiscounselor.org

Middlesex County Mental Health Administration
732-745-4186
http://co.middlesex.nj.us/humanservices

NATIONAL MENTAL HEALTH RESOURCES

American Psychiatric Association
1-888-357-7924
www.psych.org

American Psychological Association
1-800-964-2000
www.apahelpcenter.org

Center for Mental Health Services (CMHS)
http://mentalhealth.samhsa.gov/cmhs/

Center for Psychiatric Rehabilitation
Boston University
1-617-353-3549
http://www.bu.edu/sarpsych

NARSAD
(The Mental Health Research Association)
1-800-829-8289
www.narsad.org

EMERGENCY SERVICES

Raritan Bay Medical Center
Perth Amboy
Emergency Room
732-324-5095
Crisis Stabilization
732-324-5289 / 5105
www.rbmc.org

UMDNJ - University Behavioral Health Care
Piscataway
Crisis/Screening
732-235-5700
Access Center
1-800-969-5300
Children’s Mobile Response & Stabilization
1-877-652-7624
www.umdnj.edu

INPATIENT SERVICES

Carrier Clinic
Belle Mead
1-800-933-3579
www.carrierclinic.org

East Mountain Hospital
Belle Mead
1-800-379-1949

Princeton House Behavioral Health
Princeton
1-800-242-2550
1-609-497-3355
www.princetonhcs.org

Raritan Bay Medical Center-The Center for Living
Perth Amboy
732-324-5119
www.rbmc.org

Runnells Specialized Hospital of Union County
Berkeley Heights
1-908-771-5875
www.ucnj.org

Trinitas
Elizabeth
1-888-841-5564
www.trinitashospital.org
Summit Oaks Hospital
Psychiatric/Dual Diagnosis
Summit
1-800-753-5223
www.summitoakshospital.com

UMDNJ - University Behavioral Health Care
Adult Inpatient Unit
CCIS Children’s Inpatient Unit
Piscataway
1-800-969-5300
www.umdnj.edu

PARTIAL CARE / PARTIAL HOSPITALIZATION PROGRAMS

Catholic Charities
Youth Partial Care Program (Child/Adolescent)
Edison
1-800-655-9491
www.ccdom.org

Community Care Behavioral Health
Piscataway
732-572-4666
www.communitycare.us

Princeton House Behavioral Health
North Brunswick
732-729-3636
www.princetonhcs.org/princetonhouse

Raritan Bay Mental Health Center
Adult Partial Care
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

St. Peter’s University Hospital
Family Health Center
Children’s Acute Partial Hospitalization -
(For Keeps; ages 5 to 12)
New Brunswick
732-565-5494
www.saintpetersuh.com

UMDNJ - University Behavioral Health Care
Partial Hospital Program
Piscataway
1-800-969-5300

UMDNJ School of Health Related Programs –
Department of Psychiatric Rehabilitation
1-908-889-2340
www.shrp.umdnj.edu/programs/index.htm

UMDNJ Supported Employment Program
732-235-6927
www.umdnj.edu

MULTICULTURAL RESOURCES

Affinity Counseling Group
North Brunswick
732-249-3737
www.affinitycounseling.com

Catholic Charities
East Brunswick, Perth Amboy, New Brunswick
Outpatient Counseling Services (Spanish)
1-800-655-9491 / 732-826-9160
www.ccdom.org

Clinica Latina – A Program of UMDNJ
New Brunswick
1-888-342-9832 or 1-888-34AYUDA
www.umdnj.edu

Manavi – A program for South Asian women
who have suffered abuse
New Brunswick
732-435-1414
www.manavi.org

Multicultural Family Institute
Highland Park
732-565-9010
www.multiculturalfamily.org

National Alliance for the Mentally Ill (NAMI NJ)
• Family to Family
• NAMI Espanol
• Camhop - Asian Americans
• Sambaj - South Asian Americans
North Brunswick
732-940-0991
www.naminj.org

Puerto Rican Action Board
New Brunswick
732-828-4510
www.prab.org
EMPLEYMENT, VOCATIONAL & TRAINING PROGRAMS

Consumer Connections
Mental Health Association of NJ providing training and support to consumers
1-973-571-4100
www.mhanj.org

Division of Vocational Rehabilitation Services (DVRS)
New Brunswick
732-937-6300
www.state.nj.us/labor/dvrs/

Jewish Family & Vocational Services
Edison
732-777-1940
www.jfvs.org

Laurel House Middlesex
New Brunswick
732-246-0028
www.laurelhousemiddlesex.org

Learn of Central NJ - A supported education program of Bridgeway Services
908-889-2563

Middlesex County One-Stop Career Centers
New Brunswick
732-937-6200
Perth Amboy
732-826-3200
www.co.middlesex.nj.us/employment

Middlesex County Workforce Development
New Brunswick
732-745-3970
www.co.middlesex.nj.us/employment

UMDNJ Integrated Employment Institute
1-800-742-5877
www.shrp.umdnj.edu/smi

UMDNJ UBHC Right Fit
New Brunswick
732-235-6927
www.umdnj.edu

Partial Hospital Program
Monmouth Junction
1-800-969-5300

CARRI Family Center
Piscataway
732-235-3480
www.umdnj.edu

CASE MANAGEMENT PROGRAMS

Catholic Charities PACT
(Programs of Assertive Community Treatment)
East Brunswick
732-257-6100
Edison
732-661-2013
Perth Amboy
732-324-8200
www.ccdom.org

PATH Services for the Homeless
732-738-1323
www.ccdom.org

UMDNJ - University Behavioral Health Care
Intensive Case Management Services (ICMS)
Specialized Case Management Services (SCMOS)
Youth Case Management (YCM)
Homeless Case Management Program
Piscataway
732-235-6184
1-800-969-5300
www.umdnj.edu

OUTPATIENT PROGRAMS

Catholic Charities
Mental Health Center
East Brunswick, Perth Amboy, New Brunswick
Access # 1-800-655-9491
www.ccdom.org

Family & Children’s Services of Central NJ
Monroe Township
609-443-0575
www.nj-counseling.org
Holy Redeemer Home Care
Psychiatric Home Care
Elizabeth
1-800-255-8986
www.holyredeemer.com

Jewish Family & Vocational Service
Edison
732-777-1940
Monroe Township
609-395-7979
www.jfvs.org

JFK Center for Behavioral Health
Edison
732-321-7189
www.solarishs.org

Princeton House Behavioral Health
North Brunswick
732-729-3636
www.princetonhcs.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

Rutgers University Graduate School of Applied Psychology
Psychological Services Clinic
Piscataway
732-445-6114
http://psychologicalservices.rutgers.edu

Summit Oaks Hospital Intensive Outpatient
Summit
1-800-753-5223
www.summitoakshospital.com

UMDNJ - University Behavioral Health Care
Piscataway
1-800-969-5300
www.umdnj.edu

NJ Division of Mental Health Services (DMHS)
Trenton
1-800-382-6717
www.state.nj.us/humanservicesdmhs/

NJ Mental Health Cares
Mental Health Information & Referral
1-866-202-HELP (4357)
www.njmentalhealthcares.org

NJ Psychiatric Association
1-800-685-0650
www.psychnj.org

NJ Protection & Advocacy
1-800-922-7233
www.njpanda.org

NJ Psychological Association
1-800-281-6572
www.psychologynj.org

New Jersey Self-Help Clearinghouse
1-800-367-6274
www.njgroups.org

Panic Relief, Inc.
North Brunswick
732-937-4832
www.panicreliefinc.com

Pharmaceutical Assistance to the Aged & Disabled (PAAD)
1-609-588-7049
www.state.nj.us/health/seniorbenefits/paad.shtml

Recovery, Inc.
Support for Anxiety & Depression
1-201-612-8153
www.recovery-inc.org

Social Security
1-800-772-1213

Turn A Frown Around Foundation
1-973-594-9059
www.frown2smile@aol.com
RESIDENTIAL/HOUSING PROGRAMS

Bridgeway RIST Program
1-908-355-7200 ext. 104
www.bridgewayrehab.com

Catholic Charities
PATH Services for the Homeless
732-738-1323
www.ccdom.org

Easter Seals
732-257-6662
www.easterseals.com

Info-Line
Homeless Hotline (24 hours, 7 days/week)
1-888-908-4636
www.info-line.org

SERV Centers of New Jersey
1-800-987-7378 / 732-968-7111
www.servbhs.org

Supportive Housing Association of NJ
www.shanj.org/index.htm

Triple C Housing, Inc.
Monmouth Junction
732-745-0920
www.triplechousing.org

UMDNJ - University Behavioral Health Care
Homeless Case Management & One Time Housing Assistance Program
732-235-6184
Supportive Housing Program
732-235-5353
MICA Group Home
732-823-1139
www.umdnj.edu

Volunteers of America
Project Promise
732-827-2453 or 732-324-1914 or 732-321-0093
www.voa-gny.org

Middlesex County Veteran Services Office
New Brunswick
732-745-4051

Middlesex County RX - A Prescription Discount Program
1-800-633-0037
www.gspps.com

Middlesex Medical Assistance (DHS)
Avenel
732-499-5700 (Customer Center)

The Moving Forward Self Help Center of New Brunswick
732-317-3893
Email: movinforwardshc@optonline.net

National Alliance for the Mentally Ill – Middlesex (NAMI: Middlesex)
New Brunswick
732-745-0709

National Alliance for the Mentally Ill – New Jersey (NAMI NJ)
North Brunswick
732-940-0991
www.naminj.org

National Association of Social Workers – New Jersey Chapter
1-800-932-0004
www.naswnj.org

NJ Association of Mental Health Agencies (NJAMHA)
www.njamha.org

NCADD of Middlesex County, Inc.
732-254-4224
http://ncadd-middlesex.org

NJ Department of Community Affairs Bureau of Housing & Community Affairs
(Administers Section 8 program)
North Brunswick
732-246-3137 / 1-609-292-4080
www.state.nj.us/dca/
CO-OCCURRING DISORDERS (Previously MICA) PROGRAMS

Carrier Clinic
Co-Occurring Inpatient
Belle Mead
1-800-933-3579
www.carrierclinic.org

Catholic Charities
Co-Occurring Outpatient/Adults
East Brunswick
732-257-6100
Access # 1-800-655-9491
www.ccdom.org

CHOICES (Consumers Helping Others Improve their Condition by Ending Smoking)
UMDNJ-RWJ Division of Addiction Psychiatry
New Brunswick
732-235-8232
www.njchoices.org

Community Care Behavioral Health
Partial Care Program w/ Co-Occurring Track
Piscataway
732-572-4666
www.communitycare.us

Comprehensive Care Services
Edison
732-287-4044

East Mountain Hospital
Co-Occurring Inpatient
Belle Mead
1-800-379-1949

Co-Occurring Inpatient Screening to Detoxification Services:
The following agencies can provide detoxification services, but are most appropriately accessed through the Designated Screening Center at UMDNJ/UBHC 732-235-5700

- Maryville
  1-856-629-0244 ext. 237
  www.maryvillerehab.org

Collaborative Support Programs of NJ (CSPNJ)
1-800-227-3729 / 732-780-1175
www.cspnj.org

Depression Bipolar Support Alliance NJ
1-888-226-6437
www.DBSANENEWJERSEY.org

Family Access to Support Information (FASI)
732-235-6184

INFO-Line of Middlesex County
1-888-908-INFO
www.info-line.org

Integrated Employment Initiative
(Program of UMDNJ School of Health Related Programs – Department of Psychiatric Rehabilitation)
1-800-593-2434
www.shrp.umdnj.edu/smi/

Intensive Family Support Services
Piscataway
732-235-6184
www.umdnj.edu

Laurel House Middlesex
New Brunswick
732-246-0028
www.laurelhousemiddlesex.org

Medicaid Office
732-777-6977

Mental Health Association of NJ
Advocacy, Training & Referral
1-800-367-8850 / 1-973-571-4100
www.mhanj.org

Middlesex County Board of Social Services
(transportation, entitlements, housing)
New Brunswick
732-745-3500
www.co.middlesex.nj.us/humanservices/socialserv.asp

Middlesex County Division of Behavioral Health & Children’s Services
New Brunswick
732-745-4186
www.co.middlesex.nj.us
Multi-Service Program on Aging
Colonia
732-382-4700

Princeton House Behavioral Health Senior
Link PHP & IOP
North Brunswick
732-729-3636
www.princetonhcs.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

Visiting Nurse Association of Central Jersey
1-800-862-3330
www.vnacj.org

ADVOCACY, SELF-HELP, SUPPORT & REFERRAL

Middlesex County Area Transit Services (MCAT)
1-800-221-3520 (RESERVATIONS)
732-745-7456 (Office)
www.co.middlesex.nj.us/transportation

Casual Outing Club of NAMI Middlesex
732-715-8477

Central Jersey Legal Services, Inc.
Middlesex Division
Mental Health Advocacy Unit
New Brunswick
732-249-7600
Perth Amboy
732-324-1613

CHOICES (Consumers Helping Others Improve their Condition by Ending Smoking)
UMDNJ-RWJ Division of Addiction Psychiatry
New Brunswick
732-235-8232
www.njchoices.org

Coalition for Mental Health Consumer Organizations (COMHCO)
1-973-778-8810

• New Hope Foundation
  732-946-3030 ext. 206 or 208
  www.newhopefoundation.org

• Straight & Narrow
  1-973-345-6000 ext. 6528
  www.straightandnarrow.org

• Turning Point
  1-973-239-4600 (8:00 am - 4:30 pm)
  1-973-239-9400 ext. 116 (evenings, weekends, holidays)

• Princeton House Behavioral Health
  North Brunswick (Outpatient)
  732-729-3636 (Adolescents & Adults)
  Princeton (Inpatient)
  1-609-497-3355
  www.princetonhcs.org

• Summit Oaks Hospital
  • Inpatient
  • Intensive Outpatient
  • Children & Adolescents
  1-800-753-5223
  www.summitoakshospital.com

UMDNJ - UBHC:
www.umdnj.edu

Brief Treatment Outpatient
Edison
732-235-8400

CARRI Family Center
Piscataway
732-235-3480

Horizons Partial Hospital Program
Monmouth Junction
1-800-969-5300
732-235-5910

MICA Group Home
732-823-1139

MICA Program
Piscataway
1-800-969-5300
Volunteers of America  
Myrtle House  
732-321-0093  
www.voa-gny.org

**MI/DD PROGRAMS (MENTAL ILLNESS/DEVELOPMENTAL DISABILITIES)**

Community Care Behavioral Health  
MI//DDD Partial Care Program  
Piscataway  
732-572-4666  
www.communitycare.us

New Jersey Department of Human Services  
Division of Developmental Disabilities  
Trenton  
1-609-292-4500

Trinitas Hospital Mental Illness & Developmental Disabilities Services  
1-908-497-9636 (for general information on MI/DD services) OR 1-888-393-3007 (for emergencies only)  
www.trinitashospital.org  
• Statewide Clinical Consultation & Training Program (SCCAT)  
  1-908-497-9636 (for general information on MI/DD services)  
• Integrated Service Delivery Team (Middlesex) (must be referred through DDD)  
  1-609-292-4500 OR 1-908-497-0922 ext. 205 (for general information)  
• Specialized MI/DD Inpatient Unit (must be referred by local screening center)  
• Child & Adolescent Unit (must be referred by local hospital)  
  1-908-994-7131 (for general information)

UMDNJ-UBHC-SATS (substance abuse and developmental disability services)  
732-235-3440  
East Brunswick  
Perth Amboy  
New Brunswick  
(Spanish Speaking Available)

**OLDER ADULT PROGRAMS**

Carrier Clinic  
Dementia Track - Active Adult Track  
Belle Mead  
1-800-933-3579  
www.carrierclinic.org

UMDNJ - University Behavioral Health Care  
Comprehensive Services on Aging (COPSA)  
Community Outreach Program  
Edison  
732-235-8400  
www.umdnj.edu

E.A.R.S for Cargivers (UMDNJ)  
1-866-300-3277

COPSA Institute for Alzheimer’s Disease & Related Disorders – Dementia Diagnostic Clinics/Day Program & Clinical Drug Trials  
Piscataway  
732-235-5840

COPSA Institute Resource Center Help-Line  
1-800-424-2494

Holy Redeemer Home Care  
Elizabeth  
1-800-255-8986 (Intakes)  
www.holyredeemer.com

Jewish Family & Vocational Services  
Elder Day Care Program for the Frail & Elderly  
Alzheimer Day Care Center  
Case Management for the Elderly  
Meals on Wheels  
Woodbridge/Edison  
732-777-1940  
www.jfvs.org

Jewish Family & Vocational Service of Southern Middlesex County  
Monroe Township  
1-609-395-7979  
www.jfvs.org
AGING OUT YOUTH PROGRAMS

Affinity Counseling Group
North Brunswick
732-249-3737
www.affinitycounseling.com

Catholic Charities
East Brunswick
732-257-6100 or 1-800-655-9491
www.ccdom.org

Jewish Family and Vocational Services
Edison
732-777-1940
www.jfvsvs.org

JFK Center for Behavioral Health
Edison
732-321-7189
www.solarishs.org

Multicultural Services (MCS)
(DYFS referrals only)
Edison
732-650-0330
www.multiculturalcommunityservices.org
(resource website for youth)

Princeton House
North Brunswick
732-729-3636
www.princetonhcsc.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

UMDNJ - University Behavioral Health Care
Piscataway
1-800-655-5300
www.umdnj.edu

FAMILY, CHILDREN AND
ADOLESCENT SERVICES

Affinity Counseling Group
New Brunswick
732-249-3737
www.affinitycounseling.com

Catholic Charities
Access Center: 1-800-655-9491
www.ccdom.org

Catholic Charities Youth Partial Care
Program – Safe Harbor
Edison
732-738-1323 OR 1-800-655-9491
www.ccdom.org

Coordinated Family Care
(Middlesex Care Management Organization)
To access services, must call Value Options:
1-877-652-7624

Family Access to Support & Information
(FASI)
732-235-6184

Family Crisis Intervention Unit (FCIU)
To access services, must call Value Options:
1-877-652-7624

Family and Children’s Services of Central NJ
New Brunswick Monroe Township
732-545-0366 1-609-443-0575
www.nj-counseling.com

Family Support Center of New Jersey
www.familysupportnj.com

Family Support Organization of Middlesex
County
North Brunswick
732-940-2837
www.njfamily.org

Fire Watch - A juvenile fire-setting prevention,
education and early intervention program
732-745-4049
www.firewatchnj.com
Jewish Family & Vocational Services
Edison
732-777-1940
www.jfvs.org

JFK Center for Behavioral Health
732-321-7189
www.solarishs.org

Multicultural Family Institute
Highland Park
732-565-9010
www.multiculturalfamily.org

My Daughter’s Keeper
North Brunswick
732-565-9313
www.mydaughterskeeper.org

National Alliance for the Mentally Ill (NAMI NJ)
North Brunswick
732-940-0991
www.naminj.org

NJ Child Advocate’s Helpline
1-877-543-7864

NJ Division of Child Behavioral Health Care Services
1-609-292-5322
www.njkidsoc.org

NJ Division of Youth and Family Services (DYFS)
1-800-531-1258 (State)
732-980-9312 (Western Middlesex)
732-293-5060 (Coastal Middlesex)
732-388-7959 (Central Middlesex)
www.state.nj.us/humanservices/dyfs

Princeton House Behavioral Health
North Brunswick
732-729-3636 (Outpatient-children & adolescents)
Princeton
1-609-497-3355 (Inpatient)
www.princetonnhccs.org

Raritan Bay Mental Health Center
Perth Amboy
732-442-1666
www.co.middlesex.nj.us

Rutgers Graduate School of Psychology
Psychological Services Clinic
Piscataway
732-445-6114
http://psychological.rutgers.edu

St. Peter’s University Hospital – For Keeps
Family Health Center
Pediatric Psychiatric Services
New Brunswick
732-565-5494
www.saintpetersuh.com

Summit Oaks Hospital
Summit
1-800-753-5223
www.summitoakshospital.com

Support Program of Teens Counseling (SPOT)
Edison
732-777-1940

UMDNJ - UBHC:
Youth Case Management (YCM)
To access services, must call Value Options:
1-877-652-7624
www.umdnj.edu

UMDNJ - UBHC:
1-800-969-5300
• Intensive Family Support Service (IFSS)
• Integrated Case Management Service (ICMS)
• Brief Treatment
Edison
732-235-8400
Monmouth Junction
732-235-5790
New Brunswick
732-235-6800
www.umdnj.edu

Value Options – Contracted Systems
Administrator (CSA)
1-877-652-7624